

TODAY'S TOPIC: You Are One Decision Away from a Different Life

1. Every Major Success Starts with One Decision

- You don't need a perfect plan—you just need one decision to start.
 - Example:
 - The artist who decided to take music seriously.
 - The person who decided to change their health, mindset, or future.
 - One choice can shift your entire life trajectory.
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2. The Difference Between Stuck & Successful? Action.

- Many people stay stuck not because they aren't capable, but because they don't decide to move forward.
 - "What have you been waiting on? Why haven't you decided to go all in?"
 - Decide today that you're done waiting.
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3. Stop Negotiating with Yourself

- Excuses will always be there, but so will opportunity.
 - People talk themselves out of their dreams more than anyone else ever could.
 - No more waiting. No more 'maybe later.' You decide now.
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4. No One is Coming to Save You – It's on You

- Hard truth: No one is going to wake up and build your dream for you.
 - You have to be the one who steps up and chooses to make it happen.
 - The longer you wait, the longer you push your future self's success back.
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5. How to Make the Decision That Changes Your Life

- Ask yourself:
 1. What do I really want?
 2. What's stopping me?
 3. What can I do TODAY to take the first step?
 - Then, do it. No overthinking, no waiting for the 'right time.'
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6. The Challenge for Your Viewers

- Before today ends, make ONE DECISION that moves you closer to your goals.
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7. Call to Action

- What's one decision you've been avoiding that you KNOW will change your life?
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Until next time... Show up for you, before you show up for anyone else.



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